

Week 10: The Triple Integral

The Triple Integral as a Riemann Sum

(M&T p. 294)

For a bounded function $f : \mathbb{R}^3 \rightarrow \mathbb{R}$ we define:

$$\iiint_R f \, dV = \lim_{N \rightarrow \infty} \sum_{i,j,k=0}^{n-1} f(\mathbf{c}_{ijk}) \Delta x \Delta y \Delta z.$$

If this limit exists and is independent of $\mathbf{c}_{ijk}$ then f is integrable.

Fubini for Rectangular Prisms

(M&T p. 295)

If $R = [a, b] \times [c, d] \times [p, q]$ we have:

$$\iiint_R f \, dV = \int_a^b \int_c^d \int_p^q f \, dz \, dy \, dx = \int_p^q \int_c^d \int_a^b f \, dx \, dy \, dz = \int_p^q \int_a^b \int_c^d f \, dy \, dx \, dz = \dots$$

All six orders of integration will agree.

Example: Pick an Order and Integrate

Calculate $\iiint_B x^2 \, dV$ where $B = [0, 1]^3$.

Pick an order of integration

$$\begin{aligned} \iiint_B x^2 \, dV &= \int_0^1 \int_0^1 \int_0^1 x^2 \, dx \, dy \, dz = \int_0^1 \int_0^1 \left[\frac{1}{3} x^3 \right]_{x=0}^{x=1} dy \, dz \\ &= \int_0^1 \int_0^1 \frac{1}{3} \, dy \, dz = \frac{1}{3} (1-0) (1-0) = \frac{1}{3} \end{aligned}$$

$$\text{We have } \iiint_B x^2 \, dV = \iiint_B y^2 \, dV = \iiint_B z^2 \, dV = \frac{1}{3}$$

Follow-Up Question: What is the value of integral $\iiint_B (x^2 + y^2 + z^2) \, dV$? $= 3\left(\frac{1}{3}\right) = 1$

Theorem: Averages

Suppose $R \subseteq \mathbb{R}^n$. Let $f : R \rightarrow \mathbb{R}$ be an integrable function. The average of f on R is:

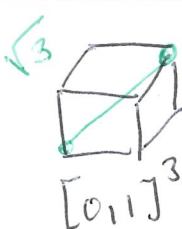
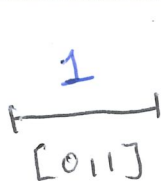
$$A = \frac{1}{\text{Vol}_n(R)} \int_R f dV_n$$

Vol_n is the n -dimensional volume of R and dV_n is the n -dimensional volume element.

Warning: We wrote the single integral sign to stand for n -integrations.

Example: An Intriguing n -Dimensional Phenomena

Let $\|x\|^2$ be the distance squared function on $\mathbb{R}^n$. What is the average of $\|x\|^2$ on $[0, 1]^n$?



← The cube is a "small" shape.

$$A = \frac{1}{\text{vol}_n(B)} \int_B \|x\|^2 dV_n = \frac{1}{(1-0)^n} \int_B \|x\|^2 dV_n$$

$$= \int_B \|x\|^2 dV_n = \int_B (x_1^2 + x_2^2 + x_3^2 + \dots + x_n^2) dV_n$$

$$= \frac{1}{3} n \quad \leftarrow \text{This is VERY surprising. The average distance is HUGE!}$$

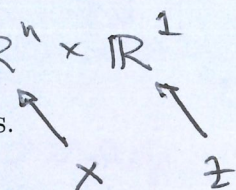
What is the largest distance?

$$d(0 \dots 0, 1 \dots 1) = \sqrt{(1-0)^2 + \dots + (1-0)^2} = \sqrt{n}$$

Elementary Regions

(M&T p. 297)

The notion of x -simple and y -simple generalizes the $\mathbb{R}^n$ as elementary. A region is z -elementary if it is bounded on two sides by graphs of functions.

$$R = \{(x, z) : f_1(x) \leq z \leq f_2(x)\} \subset \mathbb{R}^{n+1} = \mathbb{R}^n \times \mathbb{R}^1$$


A region is a symmetric elementary region if it is elementary in all directions.

Warning: The word "symmetric" is being used in a special way here.

Example: Sphere

Show that the sphere $R = \{(x, y, z) : x^2 + y^2 + z^2 \leq 1\}$ is a symmetric elementary region.

Bounded by graphs in x -direction
(Alternatively: x -elementary.)

$$x^2 + y^2 + z^2 = 1 \iff x = \pm \sqrt{1 - y^2 - z^2}$$

$$\text{We get: } -\sqrt{1 - y^2 - z^2} \leq x \leq \sqrt{1 - y^2 - z^2}$$

y -elementary

$$-\sqrt{1 - x^2 - z^2} \leq y \leq \sqrt{1 - x^2 - z^2}$$

z -elementary

$$-\sqrt{1 - x^2 - y^2} \leq z \leq \sqrt{1 - x^2 - y^2}$$

Thus, R is bounded by graphs of functions in all three directions.

Therefore, R is a symmetric elementary region. →

Q: Is $\mathbb{R}^3$ a symmetric elementary region?

No! It is not bounded by graphs of functions.

We have that z is unbounded on $\mathbb{R}^3$.

So — $\mathbb{R}^3$ is not z -elementary.

Example: A Triple Integral

Compute the triple integral $\iiint_R xyz^2 dV$ where: $R = [0, 1] \times [-1, 2] \times [0, 3]$.

Pick an order of integration.

$$\int_0^3 \int_{-1}^2 \int_0^1 xyz^2 dx dy dz$$

$$= \int_0^3 \int_{-1}^2 \left[\frac{1}{2} x^2 y z^2 \right]_{x=0}^{x=1} dy dz \quad \# \text{ Integrate } x.$$

$$= \int_0^3 \int_{-1}^2 \frac{1}{2} y z^2 dy dz \quad \# \text{ Integrate } y$$

$$= \int_0^3 \left[\frac{1}{4} y^2 z^2 \right]_{y=-1}^{y=2} dz$$

$$= \int_0^3 \frac{3}{4} z^2 dz = \left[\frac{1}{4} z^3 \right]_{z=0}^{z=3} \quad \# \text{ Integrate } z.$$

$$= \frac{27}{4}$$

Humans are 2D animals, not 3D.

Example: A General Region

Compute the integral $\iiint_R z \, dV$ where $R = \{(x, y, z) : 0 \leq x \leq 1, 0 \leq y \leq x, 0 \leq z \leq 12xy\}$.

"Most explicit bounds should be outermost in the triple integral."

$$\iiint_R z \, dV = \int_0^1 \text{[scribbled out]} \dots \text{[scribbled out]} dx$$

$0 \leq x \leq 1$ is
our most
explicit
bound

$$= \int_0^1 \int_0^x \dots dy dx$$

$$= \int_0^1 \int_0^x \int_0^{12xy} z \, dz dy dx$$

Double check that
all variables appearing
in bounds will get
integrated out
eventually.

$$= 4$$

Exercise: Calculate this!

Example: A Triple Integral

Calculate $\iiint_R e^{z/y} dV$ where $R = \{(x, y, z) : 0 \leq y \leq 1, y \leq x \leq 1, 0 \leq z \leq xy\}$.

Huh?

Setup the integral
 $0 \leq y \leq 1$ is very explicit $\Rightarrow$ outermost

$$\iiint_R e^{z/y} dV = \int_0^1 \dots \dots \dots dy$$

we have bounds for y
 $\Rightarrow y \leq x \leq 1$ is an x -bound

$$= \int_0^1 \int_y^1 \dots \dots dx dy$$

$0 \leq z \leq xy$ must be a z -bound.

$$= \int_0^1 \int_y^1 \int_0^{xy} e^{z/y} dz dx dy$$

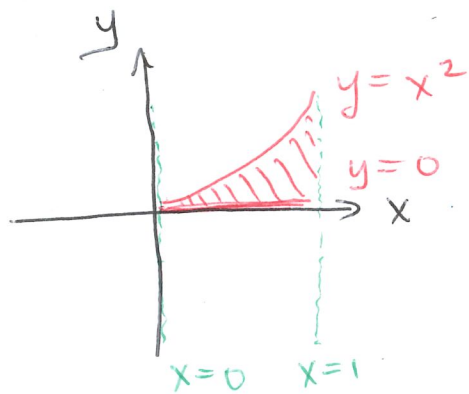
Everything gets
integrated out
by the end.

Final answer const.

Example: Projection on to a Plane

Sketch the region of integration of $\int_0^1 \int_0^{x^2} \int_0^y f(x, y, z) dz dy dx$.

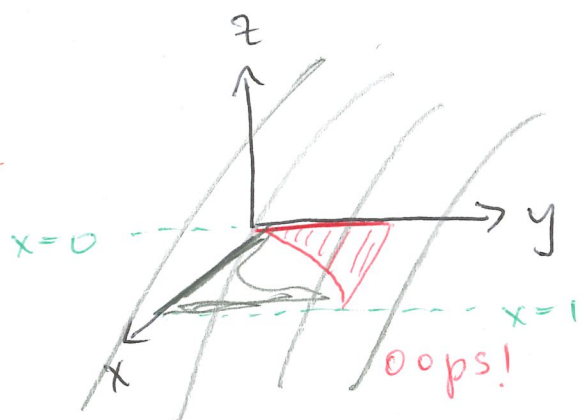
Sketch its projection on to the plane $z = 0$. [\[Explore on CalcPlot3D\]](#)



On the plane $z=0$
we have the bounds:

$$0 \leq x \leq 1$$

$$0 \leq y \leq x^2$$



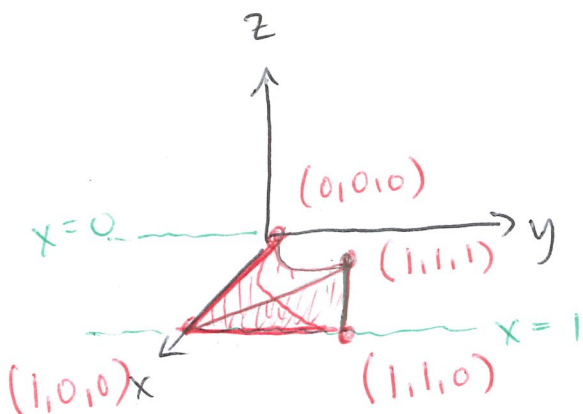
on $\mathbb{R}^3$ we have the bound
 $0 \leq z \leq y$

For plots in CalcPlot3D:

→ Project to $z=0$ plane

Get "2D Top" and
"2D Bottom"

→ Use z -elementary
to get "3D Top"
"3D Bottom"

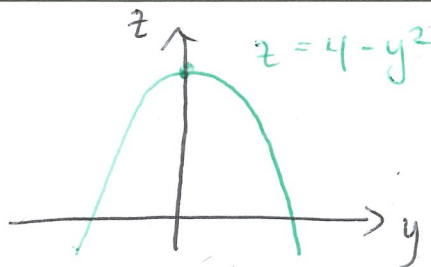
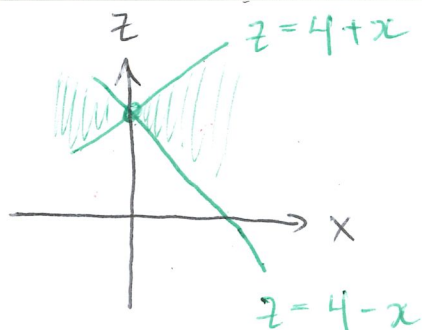


Example: Projection on to a Plane

Sketch the region of integration bounded by $z = 4 - x$, $z = 4 + x$, $z = 4 - y^2$.
 Sketch its projection on to the plane $x = 0$.

$$0 \leq z \leq 4 - x$$

$$0 \leq z \leq 4 + x$$



$x = 0$
plane

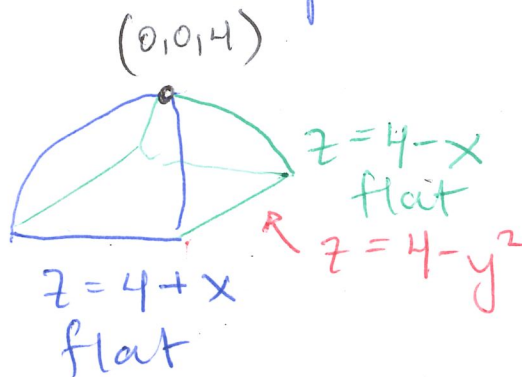
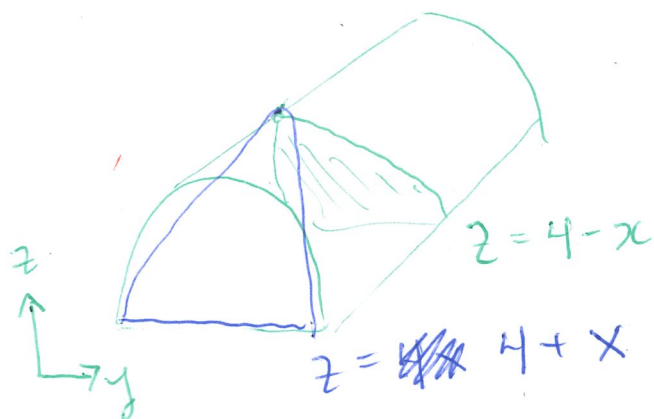
When $x = 0$ we
get $z = 4$

We have

$$(x, y, z) = (0, 0, 4)$$

is in the region.

Q: Should we switch
to the complement?

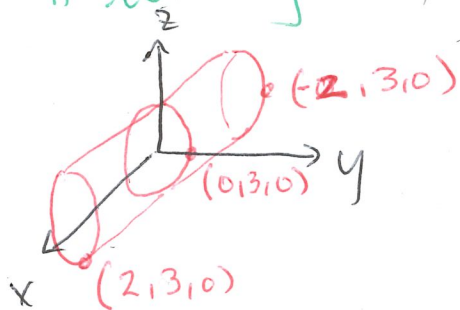


Exercise: Sketch in CalcPlot3D.

Example: All Six Orders

Write all six orders of integration for the region bounded by $y^2 + z^2 = 9$, $x = -2$, $x = 2$.

Quickly Sketch The Region # Start with explicit bounds



$$\int_{-2}^2 \dots dx \quad \# \text{Introduce } y\text{-bounds}$$

$$\int_{-2}^2 \int_{-3}^3 \dots dy dx$$

$$\int_{-2}^2 \int_{-3}^3 \int_{-\sqrt{9-y^2}}^{\sqrt{9-y^2}} f(x,y,z) dz dy dx$$

$$y^2 + z^2 = 9$$

$$\Leftrightarrow z = \pm \sqrt{9-y^2}$$

Write the order $dy dz dx$

$$\int_{-2}^2 \int_{-3}^3 \int_{-\sqrt{9-z^2}}^{\sqrt{9-z^2}} f(x,y,z) dy dz dx$$

Write the order ~~dz dx dy~~ $dz dx dy$

$$\int_{-3}^3 \dots dy = \int_{-3}^3 \int_{-2}^2 \dots dx dy = \int_{-3}^3 \int_{-2}^2 \int_{-\sqrt{9-y^2}}^{\sqrt{9-y^2}} f dz dx dy$$

Write the order $dx dz dy$ (Fubini is nice here!)

$$\int_{-3}^3 \int_{-\sqrt{9-y^2}}^{\sqrt{9-y^2}} \int_{-2}^2 f dx dz dy$$

See back of p. 125

write the order $dx dy dz$

$$\int_{-3}^3 \dots dz$$

$$= \int_{-3}^3 \int_{-\sqrt{9-z^2}}^{\sqrt{9-z^2}} \dots dy dz$$

$$= \int_{-3}^3 \int_{-\sqrt{9-z^2}}^{\sqrt{9-z^2}} \int_{-2}^2 f \, dx dy dz$$

Fubini on rectangles.

write the order $dy dx dz$

$$\int_{-3}^3 \int_{-2}^2 \int_{-\sqrt{9-z^2}}^{\sqrt{9-z^2}} f \, dy dx dz$$

Essentially the cylinder is a product.
So, Fubini applied to lots of rectangles.

If your order of integration produces variables in the outermost bounds, something went wrong.

(for questions like $\iiint_R f \, dV$.)

Volume

(M&T p. 297)

The volume of $R \subset \mathbb{R}^3$ is $V = \iiint_R 1 \, dV$.

Example: Volume of a Tetrahedron

Find the volume of the tetrahedron bounded by $0 \leq x, y, z$ and $z \leq 4 - 2x - y$ ← height of tetrahedron

sketch the region in $z=0$ plane

tetrahedron

$$0 = 4 - 2x - y \Leftrightarrow 2x + y = 4$$

Setup the integral

$$V = \iiint_R 1 \, dV$$

$$= \int_0^2 \dots \, dx \quad \# 0 \leq x \leq 2$$

$$= \int_0^2 \int_0^{4-2x} \dots \, dy \, dx \quad \# 0 \leq y \leq 4-2x$$

$$= \int_0^2 \int_0^{4-2x} \int_0^{4-2x-y} 1 \, dz \, dy \, dx$$

Integrate!

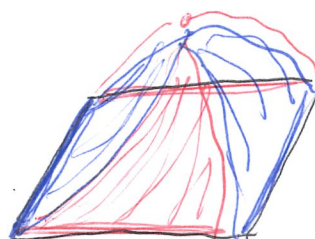
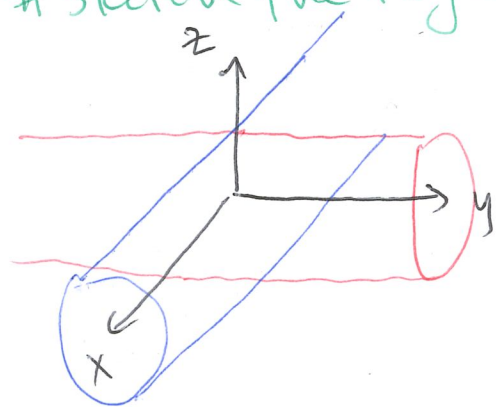
$$\int_0^2 \int_0^{4-2x} \left[z \right]_{z=0}^{z=4-2x-y} dy \, dx$$

$$= \int_0^2 \int_0^{4-2x} (4-2x-y) \, dy \, dx = \int_0^2 \left[4y - 2xy - \frac{1}{2}y^2 \right]_{y=0}^{y=4-2x} dx$$

$$= \int_0^2 4(4-2x) - 2x(4-2x) - \frac{1}{2}(4-2x)^2 \, dx$$

Example: Two Cylinders IntersectingFind the volume bounded by the intersection of $x^2 + z^2 = 1$ and $y^2 + z^2 = 1$.

Sketch the region

Two blue sides
Two red sides.Notice this region has
nice square slices!

$$V = \int_a^b A(t) dt$$

Find $A(t)$ of the slice
at height $z = t$.

$$z = t \Rightarrow x = \pm \sqrt{1 - t^2}$$

$$y = \pm \sqrt{1 - t^2}$$

$$A(t) = (2\sqrt{1 - t^2})(2\sqrt{1 - t^2})$$

$$= 4(1 - t^2)$$

Side length:

$$= \sqrt{1 - t^2} - (-\sqrt{1 - t^2})$$

$$= 2\sqrt{1 - t^2}$$

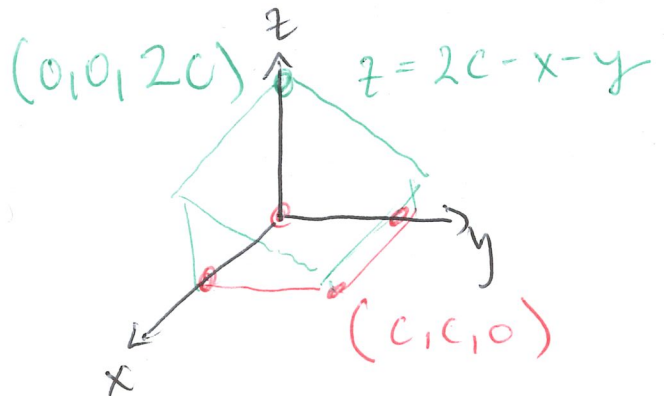
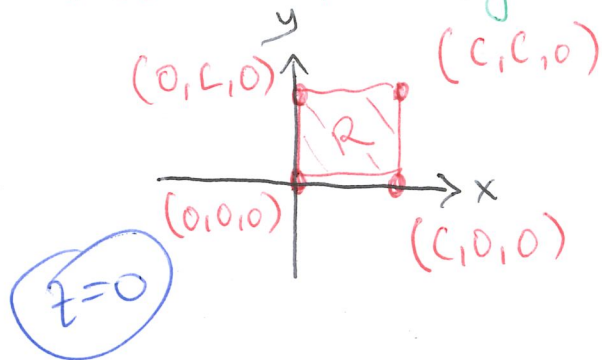
Integrate $A(t)$

$$V = \int_{-1}^1 A(t) dt = \int_{-1}^1 4(1 - t^2) dt = \left[4\left(t - \frac{1}{3}t^3\right) \right]_{-1}^1 = \frac{16}{3}$$

Example: A Variable Volume

Consider the planar region R bounded by $(0, 0, 0)$, $(C, 0, 0)$, $(0, C, 0)$, $(C, C, 0)$.
Find the volume $V(C)$ bounded by $z = 2C - x - y$ above this region.

Sketch the region



Set up the integral

$$V(C) = \iiint_R 1 \, dV = \int_0^C \int_0^C \int_0^{2C-x-y} 1 \, dz \, dy \, dx$$

$$= \int_0^C \int_0^C \left[z \right]_{z=0}^{z=2C-x-y} dy \, dx = \int_0^C \int_0^C (2C-x-y) \, dy \, dx$$

$$= \int_0^C \left[2Cy - xy - \frac{1}{2}y^2 \right]_{y=0}^{y=C} dx$$

$$= \int_0^C \left(2C^2 - Cx - \frac{1}{2}C^2 \right) dx = \int_0^C \left(\frac{3}{2}C^2 - Cx \right) dx$$

$$= \left[\frac{3}{2}C^2x - \frac{1}{2}Cx^2 \right]_0^C = \frac{3}{2}C^3 - \frac{1}{2}C^3 = C^3$$

Thus, the volume is $V(C) = C^3$.